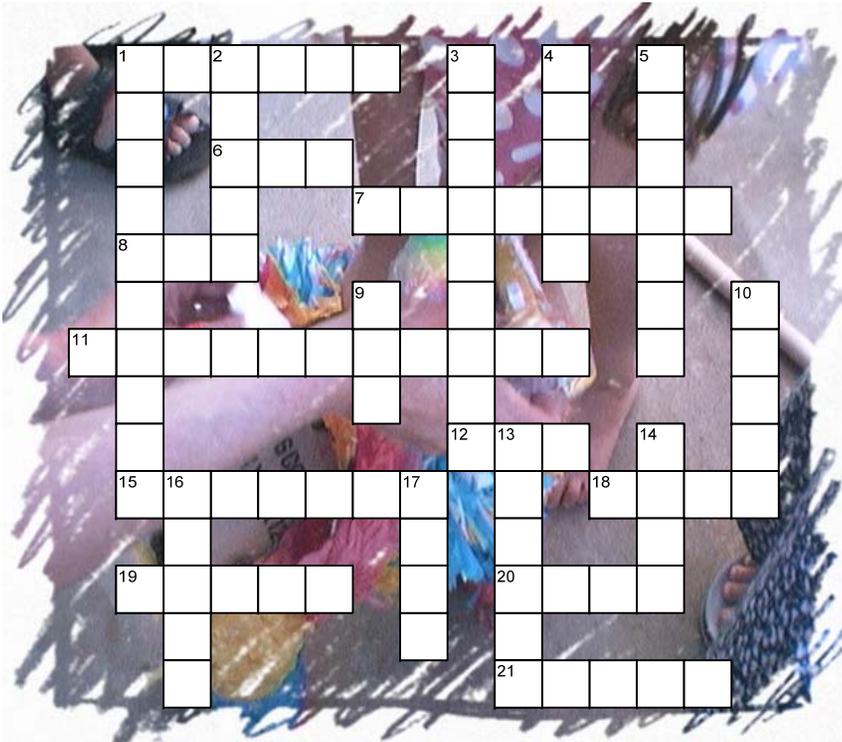


## Complete this Crossword Puzzle



### Across

1. Our lungs \_\_\_\_\_ (Breathe in)
6. What our lungs breath in.
7. Our legs are for \_\_\_\_\_.
8. In opening time we stand or \_\_\_\_\_.
11. Blood flowing throughout our bodies.
12. He in whose image we are made.
15. This is for digesting food.
18. At the end of our legs.
19. Breathe with these.
20. Limbs.
21. Our bodies are for us to \_\_\_\_\_ God.

### Down

1. For digesting food.
2. Pumps blood.
3. Lungs are for \_\_\_\_\_.
4. At the ends of our arms.
5. For filtering and cleaning our blood.
9. Created in God's image.
10. Pumps blood.
13. These live in our trunk.
14. For running and standing.
16. For containing most of our organs.
17. Our trunk is like the \_\_\_\_\_ of a car.

## Man in God's Creation

- Lesson Fifteen -

### How People are Made: The Physical Aspect (2)

#### I. Overview.

**M**an was created by God in a marvelous way. In the previous lesson we began to consider our physical bodies. We saw how our brain is like a powerful computer, controlling our whole body. In this lesson we will continue to consider our physical body; how it is made and how it works.

Our human body is wonderful creation made by God's own heart and hand.

Man was created according to God's design; he did not evolve from monkeys. Our body has many organs and glands and many complex systems which are in continuous operation even without our conscious knowledge. Also our limbs are wonderfully engineered so we can stand or move ourselves around and work.



**We use our body to do work.  
Our body is also for serving God.**

#### II. Scriptures for Memory.

1 Cor 6:13

*“Our body is... for the Lord, and the Lord for the body”*

### III. Lesson.

#### The Trunk of Our Bodies Containing Organs

Our bodies have three sections, the head, the trunk and the limbs. As we saw last week, our head contains our brain. The trunk, the largest part of our body, contains the remainder of our organs. It is like the hood on a car which covers and protects all the hidden working parts inside.



The heart pumps blood to all the parts of our body. The lungs inhale fresh air and exhale used air. The kidneys filter and clean the blood. The stomach and intestines work to digest the food that we eat.

#### Two Examples of How our Bodies Work

**Breathing** — Our lungs breathe in fresh air, containing oxygen, which passes through the lungs into the blood. The lungs also release carbon dioxide from our blood and exhale it out as used

air. This wonderful, continuous exchange of old air for fresh air happens about eighteen times a minute, without our ever thinking about it!

**Circulation** — Our heart is the strongest muscle in our body. It pumps about 1,000 gallons (20 large barrels) of blood through over 3,000 miles of blood vessels every day. This occurs with no effort or conscious thought. If it depended on us, and our good memory, we would certainly get distracted and forget about it. Then we would die. God cre-

ated these systems in our body and caused them to work continually and automatically.

#### Our Limbs To Serve the Body

God also made us with limbs. Our strong legs are to support and transport our heavy bodies. Our arms are for us to do all sorts of fine work. Every part of our body was created for us to serve God for the carrying out of His purpose.



#### --- Questions for Discussion ---

1. Name the three main parts of our bodies.  
\_\_\_\_\_  
\_\_\_\_\_
2. What are the main things contained in our trunk?  
\_\_\_\_\_  
\_\_\_\_\_
3. How can we continue to breath without trying?  
\_\_\_\_\_  
\_\_\_\_\_
4. How many miles of blood vessels are in our body?  
\_\_\_\_\_  
\_\_\_\_\_
5. How are our bodies related to the Lord's purpose?  
\_\_\_\_\_  
\_\_\_\_\_

Parents Initials: